

Ready, Set, GO!

SCHOOL HEALTH CHECKLIST

Brought to you by Holtz Children's Hospital



✓ No Shots – No School!

Your child will need a health exam before enrolling in school if he or she is starting:

- Pre-kindergarten; or
- Kindergarten; or
- In a Florida school for the first time.

All new students must show proof of a doctor's examination within the last 12 months. The doctor will give you the forms you need to take to the school.

✓ The School Entry Exam

The health exam form gives the school basic health and screening information about your child. **This form is also called the "DH 3040" form.** The exam and form must be completed by a doctor within one year before the child is enrolled in school. The doctor's exam is simple and includes a general health screening:

- **A simple blood test** (through a pinprick on the finger)
- **A height and weight measurement**
- **A urine test** (urine is collected at the doctor's office or clinic, so be sure your child has some water to drink right before the doctor's visit)
- **A check of eyes (vision), ears (hearing), chest (breathing), and heart**

✓ Some Additional Exams

Parents may also want to set up extra tests for their children to find any problems that may limit their ability to learn in school. These tests are not required by schools but are recommended to make sure there are no problems. The tests are simple and do not hurt. No shots are given.

Comprehensive Vision Examination

When the child is 3 – 5 years old, his vision is checked through a series of simple tests. No shots are given.

Hearing Screening

Many hearing problems in children are not found until they start having problems at school. Children as young as newborn can have their hearing checked completely to make sure there are no problems. The tests are simple and do not hurt. No shots are given.

Comprehensive Dental Examination

By the age of 3, all children should have their teeth checked by a dentist. The dentist will explain what the child and parents should do to keep the child's teeth healthy and strong. Some dentists, called pediatric dentists, work only with children and know how to make them (and their families) happy and relaxed during the exam.



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Starting Healthy!

Immunizations are the medicines given to prevent a disease from happening. Some immunizations are given in a shot and some as a liquid to drink or pill to swallow. It is required by law that children be immunized before they start school so that no dangerous disease is passed from one child to another.

These are the immunizations your child will need to attend school. Your doctor or nurse knows which immunizations the child needs and will give them right in the office or clinic.

Grade Required Immunizations

Pre-K, Kindergarten, Grade 1 and Grade 2	<ul style="list-style-type: none">• DTP (tetanus, diphtheria and pertussis)• POLIO• MMR (measles, mumps and rubella)• HEPATITIS B• VARICELLA (chickenpox) or document that says child had chickenpox• Proof of second dose of measles
Grades 3, 4, and 5	<ul style="list-style-type: none">• DTP• POLIO• MMR• HEPATITIS B
Grade 6	<ul style="list-style-type: none">• DTP• POLIO• MMR
Grades 7 through 12	<ul style="list-style-type: none">• DTP• POLIO• MMR• HEPATITIS B• TD BOOSTER (tetanus and diphtheria)

The Florida Certificate of Immunization, Form DH 680, is the only document that schools will accept as proof of immunizations. Your doctor or the Miami-Dade County Health Department will provide this form to you.

If you do not have a private physician, you can make an appointment with the Miami-Dade County Health Department for a school examination and certificate of immunization.

**Miami-Dade County Health Department
Special Immunization Program
Telephone: (786) 845-0550**

Sources: immunizationinfo.org, www.cdc.gov/nip, dadehealth.org



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