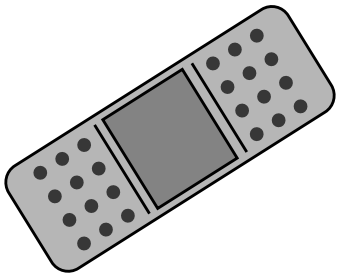
Care for Wounds

How do I care for my wounds?



You may still have sutures or staples in your wound when you go home.

We recommend **SHOWERS ONLY**. Sitting in a bath tub with a fresh wound may raise the risk of an infection.

- Shower daily with anti-germ soap, such as Dial® or Safeguard®. To wash your incision, wet hands and lather with soap. Facing with the shower water on your back, rub your soapy hands along the wound. Turn around and rinses it well. Pat wound dry with a fresh clean towel.
- Look at your wound closely for any signs of infection.
  - Redness (sudden increase on surrounding skin)
  - Drainage (red or green)
  - Pain (sudden)
  - Swelling

Notify your transplant coordinator of any signs listed above.

NOTES: