

# Get The FACTS

## About Robotic-Assisted Prostate Surgery

**I**n the United States, one man in seven will be diagnosed with prostate cancer during his lifetime, but the earlier it is detected and treated, the greater his chance of a full recovery.<sup>1</sup> With robotic-assisted prostate surgery, we help men face more than prostate cancer – we help them face the fears of erectile dysfunction and incontinence, concerns *only a man can understand.*

### THE BASICS

More prostate cancer surgeries are performed at Jackson South Community Hospital than at any other hospital in South Florida.<sup>2</sup>

The Urology Center of Excellence at Jackson South was the first facility in the world to use human amniotic membrane to promote nerve healing and protect erectile function. Dr. Razdan received an international award by the Endourology Society (September 2014) for this groundbreaking research.

*...continued on back*

Miracles  
*made daily.*

Jackson South  
COMMUNITY HOSPITAL 

1. "What Are the Key Statistics about Prostate Cancer?" N.p., 12 Mar. 2013. Web. 25 June 2014. <<http://www.cancer.org/cancer/prostatecancer/detailguide/prostate-cancer-key-statistics>.

2. [INTELLIMED Inpatient Period, Prostate, 2008-2013]. (2014, June 18). Unpublished raw data.

The American Cancer Society recommends men discuss prostate cancer screening options with their doctor at age 50. Those at higher risk, including African American men and those with a family member diagnosed before age 65, should address the topic with their doctor at age 45.<sup>3</sup>

Surgeons who perform high volumes of prostate surgeries report lower rates of erectile dysfunction among their patients than surgeons who perform fewer surgeries.<sup>4</sup> No one in South Florida has performed more robotic-assisted prostate surgeries than Dr. Sanjay Razdan, the medical director at the Urology Center of Excellence at Jackson South. In fact, no one in South Florida has performed more than Dr. Sanjay Razdan, the medical director at the Urology Center of Excellence at Jackson South.<sup>5</sup>

Choosing an experienced surgeon is important. Studies show that men who have prostate surgery performed by a skilled surgeon experience fewer side effects.<sup>6</sup>

## ABOUT THE PROCEDURE

Through tiny incisions in the abdomen, a skilled surgeon controls a robot's mechanical arms to remove the cancerous prostate, while avoiding nerves and muscles.

Many insurance plans cover robotic prostate surgery for treatment of prostate cancer.

Robotic-assisted prostate surgery is minimally invasive, which means that many patients experience less blood loss and a decreased risk of infection when compared to open surgery.<sup>7</sup>

*Click here to request an appointment at the Urology Center of Excellence at Jackson South Community Hospital, or call 305-585-4URO.*

**Jackson South**  
COMMUNITY HOSPITAL  
*Miracles made daily.*



## RECOVERY

Patients who have robotic-assisted prostate surgery usually go home within 12 hours and only require a catheter for five days.

Patients usually return to work within two weeks after surgery (three weeks for patients with strenuous jobs).<sup>\*</sup> By three months, 98 percent of Jackson South's robotic prostate surgery patients experience no urine leakage.

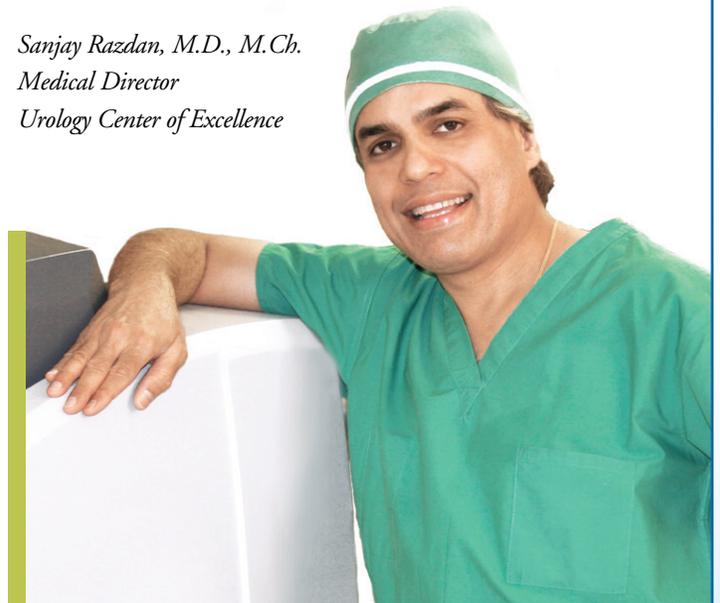
Our patients often regain partial erectile function between one to three months and complete erectile function between six to 12 months of surgery. Herein, use of human amniotic membrane has resulted in faster recovery of erectile function, sometimes as early as one week after surgery.

## EVEN MORE OPTIONS

In addition to robotic surgery at Jackson South, we offer a wide range of prostate cancer services throughout Jackson Health System, including radiation treatment and chemotherapy.

For the small portion of men who don't achieve the results they expect from robotic-assisted surgery, there are other options, including penile injection therapy and implants.

*Sanjay Razdan, M.D., M.Ch.  
Medical Director  
Urology Center of Excellence*



3. "American Cancer Society Guidelines for the Early Detection of Cancer." 23 April 2013. Web. 7 July 2014. [http://www.cancer.org/healthy/findcan\\_cerearly/cancerscreeningguidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer](http://www.cancer.org/healthy/findcan_cerearly/cancerscreeningguidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer).  
4. Prostate Cancer. (2008). Prostate Cancer and Prostatic Diseases, 11(4), 312-315. doi: 10.1038/pcan.2008.54

5. [INTELLIMED Inpatient Period, Prostate, 2008-2013]. (2014, June 18). Unpublished raw data.  
6. Agency for Healthcare Research And Quality. (2012). Knowing Your Options: A Decision Aid for Men with Clinically Located Prostate Cancer [Brochure]. Rockville, MD  
7. American Cancer Society. (2014). Prostate Cancer [Brochure]. Atlanta, GA

<sup>\*</sup>Individual results may vary.