Mental Health
Florida’s BRITE Project
Brief Intervention and Treatment for Elders Model (BRITE)
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BRITE’S MISSION
• The mission of the Brite project is to serve individuals 55 years and older to identify non-dependent substance use or prescription medication issues and to provide effective service strategies prior to their need for more extensive or specialized substance abuse treatment.

• Jackson Health Systems has a team of four employees dedicated to providing services to seniors under the BRITE program. All have a minimum of a Master’s degree in health related fields.

• The team’s successes stem from the collaborative relationships that have been developed with different providers/sites. The program entails doing outreach services at different sites in the community. Through educating the different sites on the BRITE project, a successful relationship has been developed.

• In addition to doing the BRITE project in these different facilities our psychosocial expertise has lent itself to provide psychiatric services to people in need.

• The team’s use of the Basic Skills of Motivational Interviewing through Open-ended Questions, Affirmations, Reflective Listening, and Summaries elicit methods for evoking change and assisting the process of moving beyond resistance.

PROGRAM SITES
JMH E/R
Mental Health Crisis E/R
Health and Recovery Unit
JHS Satellite Centers- P.E.T. Center, Sweetwater and Hialeah.
Camillus House

2008-2009 BRITE STATISTICS

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