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## **POSTDOCTORAL RESIDENCY ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA**

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### **Postdoctoral Residency Program Admissions**

**Date Program Tables updated:** March 14, 2019

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on resident selection and practicum and academic preparation requirements:**

The **Clinical Child -Dialectical Behavior Therapy for Adolescents (DBT-A)** residency offers a two-year position designed to provide comprehensive, high-fidelity DBT treatment to adolescents and young adults ages 11-24 who present with chronic suicidality, non-suicidal self-injury, chronic emotional dysregulation and/or other high-risk impulsive behaviors. The training takes place in the Jackson Behavioral Health Hospital Department of Psychology in the Child and Adolescent Center's Dialectical Behavior Therapy program for Adolescents (DBT-A).

The postdoctoral residents will receive intensive training and supervision in DBT (including completion of a five-day intensive foundational training) and will provide all aspects of standard comprehensive DBT-A treatment including individual and family therapy, facilitation of multi- family skills training groups and adolescent skills training groups, and phone coaching, as part of an intensively trained DBT consultation team. Postdoctoral residents will also participate in research focused on evaluating the efficacy of DBT for adolescents and families as well as treatment outcomes. Opportunities for designing original research are also available. Expected research time is approximately 10-15%. The postdoctoral residents will have the opportunity to supervise interns and provide consultation to psychiatry and social work.

In addition to the general program didactics and clinical activities, the postdoctoral residents in this position are required to attend the Psychiatry Division Rounds, and DBT Didactic. The postdoctoral residents can also participate in seminars and special conferences that are offered in the medical center at the discretion of their supervisor.

The successful candidate must work well with multidisciplinary teams, have experience in working with children and families, be able to manage complex cases and varied responsibilities efficiently, and be comfortable working with a multicultural population. Candidates with DBT and CBT training and/or prior experience are preferred. This training program provides the clinical postdoctoral training hours and the supervision required for licensing eligibility.

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**Describe any other required minimum criteria used to screen applicants:**

**Eligibility: Applicants must meet the following prerequisites to be considered for our postdoctoral training program:**

1. Completion of doctoral degree, including defense of dissertation, from a clinical or counseling psychology doctoral program accredited by the American Psychological Association (APA) before the start date of residency.
2. Completion of an APA-accredited or APPIC membership internship site.
3. Matched postdoctoral residents must pass an on-site physical, drug screen and criminal background check within the 30 days prior to residency start date.
4. Must have an active Basic Life Support (BLS) card from the American Heart Association before residency start date.

### **Financial and Other Benefit Support for Upcoming Training Year\***

Annual Stipend/Salary for Full-time Residents	\$42,000
Annual Stipend/Salary for Half-time Residents	N/A
Program provides access to medical insurance for Resident?	Yes
<b>If access to medical insurance is provided:</b>	
Trainee contribution to cost required?	No
Coverage of family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	Yes
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	18 days total for all leave
Hours of Annual Paid Sick Leave	18 days total for all leave
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to residents/residents in excess of personal time off and sick leave?	Yes
Other Benefits (please describe): 11 Federal holidays (in addition to 18 personal leave days for illness, vacation, educational, licensure, interview leave); Bereavement Leave; Jury Duty Leave; Medical, Dental & Vision coverage. The 2 <sup>nd</sup> year residency stipend increases 2.5%.	

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## Initial Post-Residency Positions

(Provide an Aggregated Tally for the Preceding 2 Cohorts)

	2015 - 2018	
Total # of residents who were in the <u>2</u> cohorts	2	
Total # of residents who remained in training in the residency program	0	
	PD	EP
Community mental health center	0	
Federally qualified health center	0	
Independent primary care facility/clinic	0	
University counseling center	0	
Veterans Affairs medical center	0	
Military health center	0	
Academic health center	0	1
Other medical center or hospital	0	
Psychiatric hospital	0	
Academic university/department	0	
Community college or other teaching setting	0	
Independent research institution	0	
Correctional facility	0	
School district/system	0	
Independent practice setting	0	1
Not currently employed	0	
Changed to another field	0	
Other	0	
Unknown	0	

“PD” = Post-doctoral residency position

“EP” = Employed Position. Each individual